

WESTON ALL SAINTS PRIMARY SCHOOL NEWSLETTER



26TH JUNE 2026

Y5 take on the Isle of Wight



Last week, our Year 5 pupils enjoyed a fantastic residential trip to the Isle of Wight, linking closely with our Geography topic on coastal erosion. After arriving as foot passengers in Yarmouth, we walked to Freshwater Bay before climbing up to Tennyson Monument to take in the spectacular coastal views. We then continued to our base at the Youth Hostel in Totland, with time to explore Totland Bay in the evening. On the second day, we walked through Headon Warren to the Needles, heading down to the beach to observe the famous cliffs and coastal features before enjoying a boat trip around the Needles themselves. The children also experienced the chairlift back to the top and had time to enjoy the attractions at the Needles Pleasure Park. Following a well-earned fish and chips supper, we rounded off the trip with another visit to Totland Bay. On our final day, we walked through Fort Victoria Country Park and followed the coast back to Yarmouth, taking part in beach-combing activities along the way. Throughout the trip, the children demonstrated excellent behaviour, resilience and enthusiasm, making us incredibly proud of the way they represented the school.



Aladdin production

Our Y6 pupils have been rehearsing diligently for their end of year production of Aladdin.

For all families of year 6 children, don't forget that tickets go on sale Weds 1st July on MCAS.

4 ticket maximum per child.



Car idling & parking

As you're aware the heat has been stifling the past few days. Whilst we understand the want to keep cars cool with air-con we must ask that you consider the environmental impact upon local residents and please turn off your engines when parked. Neighbours have reported fumes flooding their driveways.

Also please ensure you're not parking on double yellow lines or inconsiderately in adjoining cul de sacs. Carers have been unable to get to local residents.

Property

We currently have no lost property box on site. When belongings are found, if they are named, they are returned to the child.

Currently anything unnamed is held up in assembly once a week.

Please ensure that all personal belongings are named to ensure safe return.



The Partnership Trust

We are proud to belong to the The Partnership Trust - <https://thepartnershiptrust.co.uk/>

MHST

Mental Health Support Team in Schools

We're very excited to be part of the second round of schools to receive this support from Oxford Health.

The Mental Health Support Team in Schools (MHST)

The Mental Health Support Team is a new NHS commissioned service working in our school. The aim of the service is to offer free early therapeutic interventions to help children and young people with mild to moderate common mental health difficulties such as anxiety, low mood and emotional dysregulation.

What MHST Can Offer

MHST provides support through:

- One to one sessions with an Education Mental Health Practitioner.
- Group work.
- Parent-led work.
- Whole school approaches to supporting mental health.

MHST Support Criteria

The support offered by the MHST is low-intensity Cognitive Behavioural Therapy (LI-CBT). This is a brief, structured, and goal-focused intervention designed to support specific presentations. MHST cannot support young people where:

- There are lots of contextual concerns causing the emotional wellbeing difficulties.
- The difficulties are suspected to be related to neurodiversity rather than mental health.
- The difficulties exceed the remit of a low intensity intervention and require a more specialist service.

How can I get support?

A young person or parent/carer may request support within school. A School staff member may identify a young person in need of support. These requests/ observations can then be discussed with the Designated Mental Health Lead in School (DMHL) who can make a referral into MHST.

Mental Health Support Team (MHST)

Providing Early Intervention & Support

The Mental Health Support Team is a new NHS-commissioned service working directly within our school. MHST offers free, early therapeutic support to help children and young people manage common mild to moderate mental health difficulties.

Available Support

The MHST provides a variety of support pathways tailored to the needs of the student and their family:

- One-to-One Sessions: Direct support with an Education Mental Health Practitioner.
- Group Work: Collaborative sessions learning coping skills and strategies.
- Parent-Led Work: Empowering parents with tools to support their young person at home.
- Whole School Approaches: Assemblies, training and initiatives to foster a safe and supportive environment for everyone.

Support Criteria: Is this right for you?

The MHST utilises low-intensity Cognitive Behavioural Therapy (LI-CBT). This is a brief, structured, and goal-focused intervention.

When MHST is Most Effective

LI-CBT is designed for specific mental health presentations including low mood, anxiety and emotional dysregulation. However, it is not the appropriate service if:

- There are significant contextual concerns (e.g., environmental factors) causing the distress.
- The difficulties are suspected to be related to neurodiversity rather than primarily a mental health need.
- The difficulties require specialist services (exceeding the remit of low-intensity intervention).

How to Access Support

Accessing the MHST is a collaborative process between the family and the school.

Who can identify a need?

Next Steps

Young People

Speak to a trusted teacher or staff member.

Parents & Carers

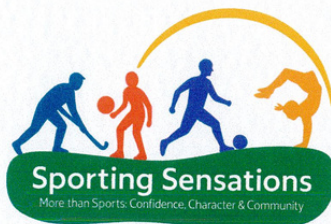
Contact the school to request a discussion regarding support.

School Staff

Teachers may identify students who could benefit from intervention.

The Referral Process:

All requests and observations are discussed with the school's Designated Mental Health Lead (DMHL), who is responsible for making official referrals to the MHST.



HOLIDAY CLUB



The perfect blend of fun and active childcare awaits your children!

Immerse your little ones in a dynamic world of sports, games and crafts activities.



OFSTED REGISTERED

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