

WASPS Menu –Summer 2022 Week 1

Week commencing 13th & 27th June, 11th July,

PLEASE NOTE: CHILDREN IN Yr. 0 – Yr. 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.40 CHARGE DOES NOT APPLY.



	MEAT FREE Monday £2.40	Tuesday £2.40	BEST OF BRITISH Wednesday £2.40	Thursday £2.40	FISHY FRIDAY Friday £2.40
Main Meal	Pasta Spirals with Homemade Tomato sauce topped with grated Cheddar cheese	Mild Beef chilli-con-carne	West country Roast Gammon	Sticky BBQ Chicken	MSC Battered Fish Fillets
Vegetarian Option	Mediterranean Bean Wrap	Mild Veggie chilli-con-carne	Cauliflower and Broccoli Cheese	Pepper, Courgette and Lentil Dahl	Roasted Vegetable Frittata
All of the above served with	Garlic Bread Sweetcorn & Pea	Wholemeal rice, Fresh Broccoli and green beans	Roast Potatoes, Fresh Carrots & Cabbage, Gravy	Jacket Potato Wedges, Medley of seasonal Vegetables	Chips, Baked Beans, Peas,
Alternative	Oven Baked Jacket Potato with Cheese or Baked Beans served with Mixed Salad	Baked Bean and cheese wrap served with Salad and Carrot sticks	Oven Baked Jacket Potato with Tuna Mayonnaise served with Mixed Salad	Oven Baked Jacket Potato Served with Cheese and beans mixed salad	
KS1/KS2 Lite Bite	Tuna Mayonnaise Salad served with Pasta and Freshly Baked Bread	Ham Salad served with Pasta and Freshly Baked Bread	Cheese Salad Served with Pasta and Freshly Baked Bread	Free Range Egg Mayonnaise Salad served with Pasta and Freshly Baked Bread	Cheddar cheese Ploughman's Salad and Freshly Baked Bread
KS2 Lite Bite	Tuna Mayonnaise Baguette served with Mixed Salad	Ham Baguette served with Mixed Salad	Grated cheese wrap served with Mixed Salad	Free Range Egg Mayonnaise Wrap served with Mixed Salad	Cheese and Coleslaw Wrap served with Mixed Salad
Dessert	Strawberry or Chocolate Milkshake Yoghurt Fresh Fruit	Homemade Summer Peach Sliced Cake Organic Yoghurt Fresh Fruit	Homemade Fruity Flapjack Organic Yoghurt Fresh Fruit	Chocolate rice crispy cakes Organic Yoghurt Fresh Fruit	Vanilla Ice cream, Organic Yoghurt Fresh Fruit

Please Note: Any child with food allergies or intolerances will be offered an alternative main course and dessert to meet your child's needs.
For those pupils with allergies a copy of the Allergens list can be obtained from the school office. Please contact your Catering Manager Mel, should you have any concerns.
Freshly baked bread, salad bar and water available daily.

WASPS Menu – Summer 2022 Week 2

Week commencing 6th & 20th June, 4th & 18th July 2022

PLEASE NOTE: CHILDREN IN Yr. 0 – Yr. 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.40 CHARGE DOES NOT APPLY.



	MEAT FREE Monday £2.40	Tuesday £2.40	BEST OF BRITISH Wednesday £2.40	Thursday £2.40	FISHY FRIDAY Friday £2.40
Main Meal	Three Cheese Macaroni	Pork Sausage and Onion Gravy	Roast Chicken with sage and onion stuffing	Homemade Ham and Cheese Pizza	MSC Breaded Fish Fingers
Vegetarian Option	Mexican Bean Wrap	Quorn Sausage with Onion Gravy	Five Bean Hotpot with a Yorkshire Pudding	Homemade Mozzarella and tomato Pizza	Vegetable Goujons
All of the above served with	Garlic Bread, Sweetcorn & Peas	Mashed Potatoes, Broccoli and Green Beans	Roast Potatoes, Fresh Carrots and Cabbage Gravy.	Jacket wedges, Homemade Coleslaw (made with no onion) & Salad	Chips, Baked Beans, Peas,
Alternative	Oven Baked Jacket Potato with Baked Beans or Cheese served with Mixed Salad	Hot Cheese & Baked Bean wrap served with Salad & Fresh Carrot Sticks	Oven Baked Jacket Potato with Tuna or Cheese served with Mixed Salad	Oven Baked Jacket Potato with Baked Beans or Cheese served with Mixed Salad	
KS1/KS2 Lite Bite	Egg Mayonnaise Salad served with Mixed Salad and Freshly Baked Bread	Cheese Salad Served with Pasta and Freshly Baked Bread	Ham Salad served with Pasta and Freshly Baked Bread	Tuna Mayonnaise Salad served with Pasta and Freshly Baked Bread	Ham Ploughman's and Freshly Baked Bread
KS2 Lite Bite	Egg Mayonnaise Baguette served with Mixed Salad	Grated cheese wrap served with Mixed Salad	Ham Baguette served with Mixed Salad	Tuna Mayonnaise Wrap served with Mixed Salad	Ham and coleslaw Sandwich served with Mixed Salad
Dessert	Strawberry or Chocolate Milkshake, Organic Yoghurt Fresh Fruit	Apple and Cinnamon Cake Organic Yoghurt Fresh Fruit	Choc chip Shortbread Organic Yoghurt Fresh Fruit	Raspberry Jelly, Organic Yoghurt Fresh Fruit	Chocolate Ice cream Organic Yoghurt Fresh Fruit

Please Note: Any child with food allergies or intolerances will be offered an alternative main course and dessert to meet your child's needs.

For those pupils with allergies a copy of the Allergens list can be obtained from the school office. Please contact your Catering Manager Mel, should you have any concerns.

Freshly baked bread, salad bar and water available daily.



Allergen Advice for WASPS week 1	Peanuts	Tree Nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacean	Molluscs	Sulphites	Lupin
* May Contain														
Pasta spirals						yes								
Homemade tomato sauce and grated cheese						yes	yes	yes						
Mediterranean bean wrap						yes		yes	yes					
Garlic bread		*			*	yes	*							
Jacket potato with cheese							yes							
Tuna Mayonnaise salad with pasta and bread			yes		yes	yes	yes		yes	yes				
Tuna Mayonnaise Baguette			yes			yes	yes		yes	yes				
Mild Beef chilli con carne							yes							
Mild Veggie chilli con carne					yes		yes							
Jacket potato with tuma mayonnaise			yes				yes			yes				
Gravy														
Egg Mayonnaise salad with pasta and bread			yes			yes	yes							
Egg Mayonnaise wrap			yes			yes	yes		yes					
Roast Gammon														
Cauliflower and Broccoli cheese						yes	yes							
Hot sausage and bean wrap						yes	yes		yes					
Cheese salad with pasta and bread						yes	yes							
Cheese salad wrap						yes	yes		yes					
Sticky BBQ Chicken														
Pepper, courgette and lentil Dehl														
Wholemeal rice														
Ham salad with pasta and bread			*		yes	yes	yes							
Ham salad Baguette						yes								
Battered Fish Fillets						yes				yes				
Vegetable Frittata			yes				yes							
Cheese Ploughmans and bread						yes	yes							
Cheese and coleslaw wrap			yes			yes	yes		yes					
Wrap						yes			yes					
Strawberry/Chocolate milkshake							yes							
Peach sliced cake			yes			yes	yes							
Fruity flapjack						yes								
Chocolate rice crispy cake							yes							
Vanilla ice cream							yes							
Organic yoghurt							yes							

Allergen Advice week two	Peanuts	Tree Nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacean	Molluscs	Sulphites	Lupin
* May Contain														
Three cheese macaroni						yes	yes							
Mexican bean wrap						yes		yes	yes					
Garlic bread		*			*	yes	*							
Jacket potato with cheese							yes							
jacket potato with cheese/tuna			yes				yes			yes				
Tuna Mayo salad,pasta & bread			yes		yes	yes	yes		yes	yes				
Tuna Mayonnaise Baguette			yes			yes	yes		yes	yes				
Pork Sausage and onion gravy						yes								
Quorn sausage & onion gravy			yes				yes	yes						
Gravy														
egg may salad, bread & pasta			yes			yes	yes							
Egg Mayonnaise wrap			yes			yes	yes		yes					
chicken, sage & onion stuffing						yes								
5 beans hotpot + yorkshire			yes			yes	yes							
Hot cheese and bean wrap						yes	yes		yes					
Cheese salad, pasta and bread						yes	yes							
Cheese salad wrap						yes	yes		yes					
Pizza ham and cheese		yes				yes	yes							
Pizza mozzarella and tomato		yes				yes	yes							
Ham salad with pasta and bread			yes		yes	yes	yes							
Ham salad Baguette						yes								
MSC Breaded fish fingers						yes				yes	*	*		
Vegetable goujons			yes				yes							
Ham Ploughmans and bread			yes			yes	yes							
Ham and coleslaw wrap			yes			yes	yes		yes					
Wrap						yes			yes					
Strawberry/Chocolate milkshake							yes							
Apple and cinnamon cake			yes			yes	yes							
Chocolate chip shortbread						yes	yes							
Raspberry jelly							yes							
Chocoalte ice cream					yes		yes							
Organic yoghurt							yes							