

WASPS Menu – Spring Terms 3 & 4 2022 Week 1

Weeks commencing 3rd, 17th & 31st January, 14th February, 7th & 21st March,
4th April 2022

PLEASE NOTE: CHILDREN IN Yr. 0 – Yr. 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.40 CHARGE DOES NOT APPLY.



	MEAT FREE Monday £2.40	Tuesday £2.40	BEST OF BRITISH Wednesday £2.40	Thursday £2.40	FISHY FRIDAY Friday £2.40
Main Meal	Macaroni Cheese	Pork Sausage Hot Dog	Roast Breast of Chicken with Sage & Onion Stuffing	Minced Beef Bolognaise	MSC Breaded Fish Fingers
Vegetarian Option	Mexican Bean Wrap	Quorn Sausage Hot Dog	Homemade Butterbean & Vegetable Pattie	Veggie Mince Bolognaise	Roasted Vegetable Frittata
All of the above served with	Peas & Fresh Carrot Sticks	Jacket Wedges Sweetcorn & Mixed Salad	Roast Potatoes, Fresh Carrots & Broccoli, Gravy	Pasta Spirals, Garlic Bread, Sliced Green beans & Sweetcorn	Chips, Baked Beans, Peas,
Hot Snack	Oven Baked Jacket Potato with Cheese or Baked Beans served with Mixed Salad	Pasta Spirals with Homemade Tomato Sauce & topped with Grated Cheddar Cheese (Optional)	Oven Baked Jacket Potato Served with Cheese or Baked Beans	Jacket Potato with Beef or Veggie Mince Bolognaise or Tuna Mayonnaise, served with Salad	Homemade Tomato & Basil Soup served with Crusty Bread
KS1/KS2 Lite Bite	Tuna Mayonnaise Salad served with Pasta and Freshly Baked Bread	Free Range Egg Mayonnaise Salad served with Pasta and Freshly Baked Bread	Gammon Ham Salad Served with Pasta and Freshly Baked Bread	Cheese Salad served with Pasta and Freshly Baked Bread	Gammon Ham Salad Served with Pasta and Freshly Baked Bread
KS2 Lite Bite	Tuna Mayonnaise Baguette served with Mixed Salad	Free Range Egg Mayonnaise Wrap served with Mixed Salad	Ham Sandwich served with Mixed Salad	Grated Cheese Wrap served with Mixed Salad	Ham Baguette served with Mixed Salad
Dessert	Strawberry Angel Delight, Organic Yoghurt Fresh Fruit	Homemade Banana Cake, Organic Yoghurt Fresh Fruit	Homemade Shortbread Organic Yoghurt Fresh Fruit	Homemade Chocolate & Pear Sponge served with Custard, Organic Yoghurt Fresh Fruit	Vanilla Icecream, Organic Yoghurt Fresh Fruit

Please Note: Any child with food allergies or intolerances will be offered an alternative main course and dessert to meet your child's needs.

For those pupils with allergies a copy of the Allergens list can be obtained from the school office. Please contact your Catering Manager Rose, should you have any concerns.

Freshly baked bread, salad bar and water available daily.



ALLERGEN ADVICE INFORMATION FOR SPRING TERMS 3 & 4 2022 - WEEK 1 MENU

Menu Item	Peanuts	Tree Nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacean	Molluscs	Sulphites	Lupin
Macaroni Cheese						✓	✓							
Mexican Bean Wrap						✓		✓						
Gravy														
Pork Sausage Hot Dog			May contain		✓	✓	May contain						✓	
Quorn Hot Dog			✓			✓	✓							
Roast Breast of Chicken														
Sage & Onion Stuffing						✓								
Homemade Butter Bean & Vegetable Pattie														
Minced Beef Bolognaise					✓			✓						
Veggie Mince Bolognaise								✓						
Garlic Bread slice		May contain		May contain		✓	May contain							
Pasta Spirals						✓								
Homemade Bread			May contain		✓	✓	✓							
Breaded Fish Fingers						✓				✓		May contain		
Roasted Vegetable Frittata			✓											
Tuna Mayonnaise			✓				✓		✓	✓				
Tomato Sauce														
Egg Mayonnaise			✓				✓		✓					
Egg Mayonnaise Wrap			✓			✓	✓		✓					
Pasta Spirals with homemade tomato sauce						✓		✓						
Tuna Mayonnaise Salad with Pasta and Bread			✓		✓	✓	✓		✓	✓				
Egg Mayonnaise Salad with Pasta & Bread			✓		✓	✓	✓		✓					
Ham Salad with Pasta & Bread			May contain		✓	✓	✓							
Cheese Salad with Pasta & Bread			May contain		✓	✓	✓							
Ham Baguette						✓								
Tuna Mayonnaise Baguette			✓			✓	✓		✓	✓				
Egg Mayonnaise Wrap			✓			✓	✓		✓					
Ham Sandwich						✓								
Grated Cheese Wrap						✓	✓							
Wrap						✓								
Strawberry Angel Delight							✓							
Chocolate or Strawberry Milkshake							✓							
Shortbread						✓							✓	
Chocolate & Pear Sponge			✓			✓								
Vanilla Ice cream							✓							
Baked Beans														
Tomato & Basil Soup								✓						

WASPS Menu – Spring Terms 3 & 4 2022 - Week 2

Weeks commencing 10th & 24th January, 7th & 28th February, 14th & 28th March 2022

PLEASE NOTE: CHILDREN IN Yr. 0 – Yr. 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.40 CHARGE DOES NOT APPLY.



	MEAT FREE Monday £2.40	Tuesday £2.40	BEST OF BRITISH Wednesday £2.40	Thursday £2.40	FISHY FRIDAY Friday £2.40
Main Meal	Tuna Pasta bake	Winter Chicken and Vegetable Casserole	West Country Roast Beef with Yorkshire Pudding	Pork Sausage with Onion Gravy	MSC Battered Fish Fillet
Vegetarian Option	Vegetable & Lentil Dahl with Wholegrain Rice	Veggie Mince Pie topped with Puff Pastry	Five Bean Winter Hotpot with a Yorkshire Pudding	Quorn Sausage with Onion Gravy	Vegetable Nuggets
All of the above served with	Green Beans & Sweetcorn	Herby Diced Potatoes, Medley of Seasonal Vegetables and Peas	Roast Potatoes, Fresh Carrots and Cabbage Gravy.	Mashed Potatoes, Broccoli and Sweetcorn and	Chips, Baked Beans, Peas,
Alternative	Oven Baked Jacket Potato with Baked Beans or Cheese served with Mixed Salad	Oven Baked Jacket Potato with Tuna Mayonnaise served with Mixed Salad	Pasta Spirals with Homemade Tomato Sauce & topped with Grated Cheddar Cheese (Optional)	Oven Baked Jacket Potato with Baked Beans or Cheese served with Mixed Salad	Homemade Potato & Leek Soup served with Crusty Bread
KS1/KS2 Lite Bite	Egg Mayonnaise Salad served with Mixed Salad and Freshly Baked Bread	Hot Cheese & Baked Bean wrap served with Salad & Fresh Carrot Sticks	Ham Salad served with Pasta and Freshly Baked Bread	Tuna Mayonnaise Salad served with Pasta and Freshly Baked Bread	Cheese Salad served with Pasta and Freshly Baked Bread
KS2 Lite Bite	Egg Mayonnaise Baguette served with Mixed Salad		Ham Baguette served with Mixed Salad	Tuna Mayonnaise Wrap served with Mixed Salad	Cheese Sandwich served with Mixed Salad
Dessert	Strawberry or Chocolate Milkshake, Organic Yoghurt Fresh Fruit	Apple & Berry Crumble served with Custard Sauce Organic Yoghurt Fresh Fruit	Oat Cookie, Organic Yoghurt Fresh Fruit	Orange and Mandarin Jelly, Organic Yoghurt Fresh Fruit	Chocolate Ice cream Organic Yoghurt Fresh Fruit

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Freshly baked bread, salad bar and water available daily.



ALLERGEN ADVICE INFORMATION FOR SPRING TERMS 3 & 4 2022 MENU WEEK 2

Menu Item	Peanuts	Tree Nuts	Eggs	Sesame	Soya	Gluten	Milk	Celery	Mustard	Fish	Crustacea	Molluscs	Sulphites	Lupin
Tuna Pasta Bake						✓		✓		✓				
Vegetable & Lentil Dahl														
Whole Grain Rice														
Gravy														
Winter Chicken & Vegetable Casserole								✓						
Veggie Mince Pie with Puff Pastry					✓			✓						
Battered Fish Fillet						✓				✓				
Yorkshire Pudding			✓			✓	✓							
Five Bean Winter Hot Pot								✓						
Pork Sausage with Onion Gravy			✓			✓								
Quorn Sausage with Onion Gravy			✓			✓	✓							
Garlic Bread slice		May contain		May contain		✓	May contain							
Vegetable Nuggets						✓								
Baked Beans														
Pasta Spirals														
Pasta Spirals with homemade tomato sauce						✓								
Tuna Mayonnaise			✓				✓		✓	✓				
Tomato Sauce														
Egg Mayonnaise			✓				✓		✓					
Tuna Mayonnaise Baguette			✓			✓	✓	✓	✓	✓				
Cheese & Baked Bean Wrap						✓	✓							
Ham Salad with Pasta & Bread			May contain		✓	✓	✓			✓				
Cheese Salad with Pasta & Bread			May contain		✓	✓	✓							
Ham Baguette						✓								
Tuna Mayonnaise Salad with Pasta and Bread			✓		✓	✓	✓		✓	✓				
Tuna Mayonnaise Wrap			✓			✓	✓		✓	✓				
Leek & Potato Soup							✓	✓						
Strawberry / Chocolate Milkshake						✓								
Apple & Berry Crumble						✓								
Custard Sauce							✓							
Orange & Mandarin Jelly														
Chocolate Ice cream							✓							
Oat Cookie						✓								
Organic Yoghurt							✓							