

COVID-19 information

A quick guide for parents and carers



Please follow the advice in this guide. Only contact the school if your child is having a test and to let us know the result. Your school will not be able to advise beyond the information given here. **Please remember to only get tested if you have COVID-19 symptoms.**

YOU SHOULD BOOK A **TEST** IF YOUR CHILD HAS:

a high temperature

OR

a new continuous cough

OR

a loss of or change to your sense of smell or taste

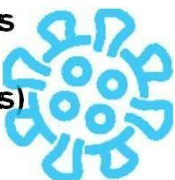
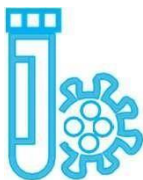
This means they feel hot to touch on their chest or back (you do not need to measure their temperature)



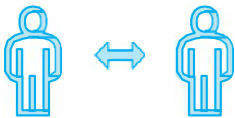



This means coughing a lot for more than an hour, or three or more episodes in 24 hours (if they usually have a cough it may be worse than usual)

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal

If your child DOES NOT have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they or members of your household do not need to self-isolate.

[Your child can attend school if fit to do so.](#)

What to do if...	Action needed	When can my child return to school?
My child has COVID-19 (coronavirus) symptoms 	<ul style="list-style-type: none"> Do not send your child to school Book a test for your child Whole household & support bubble to self-isolate Inform school immediately about test result 	If test is negative and child is well enough, and not advised to self-isolate by test and trace service
My child tests positive for COVID-19 (coronavirus) 	<ul style="list-style-type: none"> Do not send your child to school Child to self-isolate for at least 10 days from when symptoms started (or from day of test if no symptoms) Inform school immediately about test results Whole household & support bubble to self-isolate for 10 days from day when symptoms started (or from day of test if no symptoms) 	They can return to school after 10 days as long as they have not had a fever in the previous 48 hours. They can return after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone

What to do if...	Action needed	When can my child return to school?
<p>Somebody in my household & support bubble has COVID-19 (coronavirus) symptoms</p> 	<ul style="list-style-type: none"> Do not send your child to school Household & support bubble member with symptoms to book a test Whole household & support bubble to self-isolate while waiting for test result Inform school immediately about test results 	<p>When household & support bubble member test is negative, and child does not have COVID-19 symptoms and if child has not been advised to self isolate by test and trace services</p>
<p>Somebody in my household & support bubble has tested positive for COVID-19 (coronavirus)</p> 	<ul style="list-style-type: none"> Do not send your child to school Whole household & support bubble to self-isolate for 10 days from day when symptoms started (or from day of test if no symptoms) - even if they test negative during those 10 days Inform school immediately about test result 	<p>When they have completed 10 days of self-isolation without symptoms. They must self-isolate for 10 days even if they test negative during that time</p>
<p>NHS Test and Trace has identified my child as a 'close contact'</p> 	<ul style="list-style-type: none"> Do not send your child to school Child to self-isolate for 10 days (as advised by NHS Test and Trace) - even if they test negative during those 10 days Rest of household & support bubble does not need to self-isolate, unless they are also a 'close contact' 	<p>When they have completed 10 days of self-isolation without symptoms. They must self-isolate for 10 days even if they test negative during that time</p>
<p>Your child has been in contact with someone who has been identified as a 'close contact'</p> 	<ul style="list-style-type: none"> Attend school as normal If your child does not have any COVID-19 symptoms they should carry on with normal activities 	<p>Attend school as normal</p>
<p>We / my child has travelled abroad and has to self-isolate.</p> 	<ul style="list-style-type: none"> Do not send your child to school Whole household & support bubble to self-isolate for 10 days - even if they test negative during those 10 days <p>Travel reminders:</p> <ul style="list-style-type: none"> Do not take unauthorised leave in term-time Consider quarantine requirements and FCO advice when booking travel Provide information to school as per attendance policy 	<p>When the quarantine period of 10 days has been completed for the child, even if they test negative during those 10 days</p>
<p>We have received advice from a medical / official source that my child must res shielding</p> 	<ul style="list-style-type: none"> Do not send your child to school. Contact school as advised by attendance officer / pastoral team Child to shield until you are informed that restrictions are lifted and shielding is paused again 	<p>When school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>