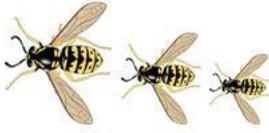


# W. A. S. P. S



Weston All Saints CE Primary School  
Broadmoor Lane, Weston, Bath  
(01225) 421786

[westonallsaints\\_pri@wasp-school.org.uk](mailto:westonallsaints_pri@wasp-school.org.uk)  
[www.wasp-school.org.uk](http://www.wasp-school.org.uk)

**Mrs Sarah Halls**  
Headteacher

**Mrs Sharon Badger**  
Deputy Headteacher

Friday 22<sup>nd</sup> January 2021

Dear Parents and Carers,

## **PTA Fundraising – a Fabulous Result. Thank you!**

Thank you all once again for your wonderful support and the generous donations for our alternative Christmas fundraising this school year. The final figures have been totalled. When the raffle, movie trail and monetary donations are combined you raised just under £5,300! This is a truly wonderful amount, far exceeding any Christmas total of the past.

Thank you to all of you for the part you played in this fundraising from Mr Snook, Senior Teacher & PTA Chair and from all of us at WASPS!

## **Key Worker Status**

Thank you to all those of you who have provided proof of Key Worker status, as requested by the deadline of Tuesday 19th January.

Those of you who have not responded, please do so as soon as possible, as we are in the process of working through the responses. Any parents not providing evidence may be asked to keep your children at home accessing our remote learning.

As you know, the whole reason for limiting the number of pupils in school is to support the effort to reduce the spread of the virus and keep our school community as safe as possible, hopefully lessening the load on those Key Workers on the front line at the RUH, which of course includes many of our WASPS parents. The latest Department for Education statement talks about attendance in school of "those vulnerable children and children of critical workers who need to be in school".

## **Enhancements to our Remote Provision**

We hope that the enhancements that we announced last night will be welcome news for those who have been requesting live interaction between teachers and their pupils. We also recognise it may feel like a step too far for some. We do understand that different parts of our remote provision will work better for some families than others. In case you have not seen it, that letter can be read here:

<https://www.wasp-school.org.uk/wp-content/uploads/2021/01/2021-01-21-Remote-Learning-Update-21st-January-2021.pdf>

Our intention is to be able to engage all our home-learning pupils in one way or another. At the same time, we accept that every family faces its own unique challenges. So we encourage pupils to engage with as much as they reasonably can and accept that not all of it may be appropriate or manageable for every child.



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## **Mental Health and Wellbeing – Information for Parents and Carers**

Weston All Saints Primary School take the emotional health and wellbeing of every child seriously. We believe that the school can help pupils build resilience and support them to be mentally healthy. **We are especially aware of how important this is during the current Covid-19 pandemic when some of our children may be feeling extra anxious and struggling with the changes that are going on around them.** This is likely to be true for many of us adults too. We all want to try and protect our children from experiencing our own anxieties around the virus.

We all have ups and downs in life but in childhood it can be particularly hard to cope with sad feelings and worries that arise when things are hard or scary. There may be times when your child is unhappy, feeling anxious or struggling emotionally. You may notice that they seem low or worried or that their behaviour changes. We may notice that they seem withdrawn or upset at school. If you are worried about your child's mental health, then you are not alone. Many parents and carers have similar worries and stresses. There is good support available from local and national organisations. The sooner you seek help the better for your child and you. There are several sources of help and these are listed below.

### **Looking after your own mental health**

In order to support your child, you need to stay strong and well yourself. It isn't easy being a parent or carer especially when you are experiencing problems of your own such as relationship difficulties, money worries, problems with work. **When you add the pandemic into the mix many of us are likely to be feeling anxious and upset ourselves. It is important though to not transfer these feelings on to our children as they will be taking their emotional cues from us.** Just as we say to children, so for adults it often helps to talk to someone, so don't be scared about doing this, with friends, family, your GP or a support service. There are several organisations that can offer parents and carers information and advice.

### **Who can help you if you are worried about your child's mental health?**

- The School

Talk to us about your concerns so that we can work together to help your child feel better. A concerned parent should first approach their child's class teacher via email to the school office.

If needed they could then approach the appropriate member of SMT:  
Mrs Badger, Mrs Trim, Mr Treble, Mr Snook, Mrs Clark or Mr Brinkworth

- The School Nurse

Parents/carers can contact the School Nurse Service at any time for advice and support for their child relating to healthy lifestyle, toileting, emotional/behavioural issues etc. For more information visit the [B&NES School Nurse website](https://bathneshealthandcare.nhs.uk/childrens/school-nursing/) or call 01225 831666  
<https://bathneshealthandcare.nhs.uk/childrens/school-nursing/>

We now have a new nurse assigned to our school; his name is Neil Long.

- Your GP

A GP can check any physical symptoms linked to your child's health and talk with you about their emotional well-being making a referral to a specialist service if necessary

- Child and Adolescent Mental Health Service (CAMHS)

CAMHS is a free NHS service that assesses and treats 0-18-year olds with emotional, behavioural or mental health difficulties. For more information including referrals see the [B&NES CAMHS website](https://www.oxfordhealth.nhs.uk/camhs/bath/)  
<https://www.oxfordhealth.nhs.uk/camhs/bath/>



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### Services your child can access if they are aged 11 or over

- Children and young people aged 11 and over are also able to access support themselves from B&NES [Kooth](https://www.kooth.com/). This provides links to advice as well as online counselling: <https://www.kooth.com/>

### Websites that offer information and advice about mental health during Covid-19 pandemic

- The B&NES Council's [1 Big Database](https://www.bathnes1bd.org.uk/pages/coronavirus-covid-19/supporting-your-mental-wellbeing-during-covid-19) provides a helpful page of sources of help and support for you and your child and family's mental health during Covid-19 including support following loss and bereavement

<https://www.bathnes1bd.org.uk/pages/coronavirus-covid-19/supporting-your-mental-wellbeing-during-covid-19>

- The following may also be helpful
  - [You're Never too Young to Talk Mental Health](https://www.annafreud.org/media/7228/tmh-parent-leaflet-final-all-approved-laid-out-for-web.pdf) leaflet for parent/carers of primary aged children: <https://www.annafreud.org/media/7228/tmh-parent-leaflet-final-all-approved-laid-out-for-web.pdf>
  - [Mental Health Problems in Children and Young People: guidance for parents & carers](https://charliewaller.org/resources) - leaflet for parent/carers with older children: <https://charliewaller.org/resources>
  - [Happy Maps](https://www.happymaps.co.uk/) Lots of information about health topics including mental health, organised under different age groups i.e. under 5's, primary age, secondary age, young adults: <https://www.happymaps.co.uk/>

### Looking after your own mental health and wellbeing

In order to support your child, you need to stay strong and well yourself. It isn't easy being a parent or carer especially when you are experiencing problems of your own such as relationship difficulties, money worries, problems with work. Often it helps to talk to someone, so don't be scared about doing this, with friends, family, your GP or a support service. The following organisations can also offer information and advice to help you.

B&NES Council: Coronavirus latest information and advice: <https://beta.bathnes.gov.uk/coronavirus>

[B&NES Community Wellbeing Hub](https://bathneshealthandcare.nhs.uk/wellness/community-volunteer-services/community-wellbeing-hub/) provides help for physical and mental health concerns. It can link you up with organisations that can help with money, housing or employment worries and provide some support if you are isolated during the Covid-19 pandemic: <https://bathneshealthandcare.nhs.uk/wellness/community-volunteer-services/community-wellbeing-hub/>

BANES [1BigDatabase](https://www.bathnes1bd.org.uk/) links to lots of services for local families: <https://www.bathnes1bd.org.uk/>

### Eat Them to Defeat Them

The Veg Power team are on a mission to encourage children to eat more vegetables but there's one problem ... many British children don't really like vegetables. In fact, 80% of children don't eat enough and 50% of parents say they have given up trying to get their children to eat 5-a-day.

The Veg Power team is on a ten-year mission to turn around vegetable consumption in the UK. The mission is to get every child to eat one more portion of fruit or vegetable each day. As a family you can get involved, explore the recipes on their website and get your children involved in preparing food and cooking as well as enjoying the end result as a family around the dinner table.

Click on the links to see some great recipes <https://vegpower.org.uk/recipes/>



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There are also colouring sheets and fun activities for the children to get involved in  
<https://vegpower.org.uk/downloads/>

As a school, we hope to support this mission in the summer term. Until then we will continue to encourage our pupils to eat their healthy snack and nutritious lunch in school each day. We educate our pupils about making healthy choices and we encourage them to try new things when they select their lunch options.

You could create your own family food challenge to encourage your child(ren) to eat more fruit and veg. Can you challenge yourself to try and eat a food rainbow throughout the week? Which is the hardest colour from the rainbow to find in the fruit and veg aisle at the supermarket?

Have fun and eat more greens .. and reds...and blues ...and purples ... and yellows ... and oranges.

## **Bath & North East Somerset – The Sewing Collective**

Please see the following plea from B&NES Sewing Collective:

*“This last week we have had a flurry of requests for scrubs. In order to avoid undercutting commercial suppliers, we are maintaining a strict policy to only provide scrubs made of thrifted fabric and for requests that meet one of these criteria:*

- *Registered charity*
- *Unable to afford purchased scrubs*
- *Where custom made scrubs fulfil a charitable need that purchased scrubs could not*

*We have been able to refer a number of requests to suppliers but have still totted up 163 pairs for our to-do list for care facilities in need. We are calling for **all hands on deck** to please help with some sewing and to round up some fabric.*

*Second hand linen works perfectly for scrubs. A single duvet cover is usually enough for one set of scrubs. If you have any to spare, this is exactly what we are looking for:*

- *Ideally polycotton, cotton is ok. Pure polyester is not suitable.*
- *Second hand fabric is great so long as it is in good condition with no pilling or stains.*
- *White and very light colours are not suitable, they can be see-through and show stains. Darker colours are preferred – plain or patterned is fine.*

*If you can help, all the details can be found on our Facebook page:  
<https://www.facebook.com/sewingcollective/posts/220687069602004>*

*If you are a beginner and haven't sewn scrubs (or anything) before, we have a full tutorial on the following link:*

*[https://www.youtube.com/watch?v=5dUDf55cDOW&feature=share&fbclid=IwAR0tnBMVRJEQyHSWHPiy4vwdiktprBliC7qnOidEhEUFycbe3\\_hFW4TxZHw](https://www.youtube.com/watch?v=5dUDf55cDOW&feature=share&fbclid=IwAR0tnBMVRJEQyHSWHPiy4vwdiktprBliC7qnOidEhEUFycbe3_hFW4TxZHw)*

*All that is required is a sewing machine and enthusiasm!”*



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## Information for Parents

### Blue Peter

Blue Peter have launched Blue Peter on YouTube at CBBC. Blue Peter is the longest running children's TV show in the world and they are uploading videos suitable for 5-11 year olds to include world record breaking challenges, arts and crafts, environmental videos, cooking and baking how-tos, inspirational films, gaming, celebrity appearances, dance routines and music performances. Completely free to subscribe, please click on the following link to access: <https://www.youtube.com/bluepeter>

### Sustrans (UK Walking & Cycling Charity)

Sustrans are relaunching Sustrans Outside In, a free resource to help parents who are looking after their children at home providing fun ideas and inspiration for parents to bring education, health and wellbeing activities into their home. You can access resources by registering for the free parent newsletter. Over four weeks, you will receive weekly videos, themed activities, games and challenges designed by experienced school officers. Please click on the link to the subscription page [www.sustrans.org.uk/Outsideln](http://www.sustrans.org.uk/Outsideln)

### Somerset Cricket Board 'Pro Challenge'

Every week 1 or 2 pros from Somerset CCC and Western Storm will answer questions and set challenges for the week ahead. Each week there will be a skill based challenge and a creative challenge for children to do at home or at school.

For the first one, Somerset captain, Tom Abell, and Western Storm captain, Sophie Luff, will answer questions (sent in by you and your children) as well as share challenges for the week. You can either email questions to [Scott.chappell@somersetcricketboard.org](mailto:Scott.chappell@somersetcricketboard.org) or tweet your questions to @somersetcb with #scbprochallenge. Please add your child's first name, age and school/cricket club. The challenges and answers to questions will be shared on the website <https://www.somersetcricketboard.co.uk/>

### Perform4All

Perform4All is running online drama, dance and singing classes during the lockdown via Zoom. All children are welcome to try a Free Trial Session. You can read all about the classes here: <https://www.perform.org.uk/free-drama-class>.

## Tesco Food Vouchers

For those parents whose children are learning at home, and are eligible, we have sent Tesco food vouchers to you for the next two weeks. We then hope to move to the government's National Food Voucher Scheme. Eligible parents will receive their voucher by email.

## Reminders

### Contact Information

It is extremely important for you to make sure that we have your correct contact information on file at school. Please make sure you communicate any changes to your contact information. **It is vital that the contact details we hold on file are correct in case of an emergency.** Thank you.

### Emailing the School Office

Please remember to put your child's full name and class in the subject line whenever you email the School Office. This will help us in dealing with the understandably high volume we are currently receiving. Thank you.



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## **Free Electronic Reading Books to Support your Child's Reading at Home**

Please see the information below from Oxford Owl, Oxford University Press, regarding free ebooks.

You can register to access free reading books to share at home with your child(ren), these include Read Write Inc., Oxford Reading Tree, Tree Tops and Project X books. These are available from Oxford Owl for Home – simply register and find the book suitable for your child.

Follow this link <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/>

Register as a parent

Click on the 'Oxford Owl for home' icon

Use the green tool bar at the top and click on Books

Use the drop-down menu to select 'eBook library'

Click the pink icon 'Browse the eBook library'

Browse the library and select suitable reading books by age

Follow our WASPS guide to reading to help at home <https://www.wasp-school.org.uk/about-us/wasps-teaching-phonics-reading-spelling-writing/>

Guidance from Oxford Owl to support reading with your child:

Year 0 <https://home.oxfordowl.co.uk/reading/reading-age-4-5-reception/>

Year 1 <https://home.oxfordowl.co.uk/reading/reading-age-5-6-year-1/>

Year 2 <https://home.oxfordowl.co.uk/reading/reading-age-6-7-year-2/>

Year 3 <https://home.oxfordowl.co.uk/reading/reading-age-7-8-year-3/>

Year 4 <https://home.oxfordowl.co.uk/reading/reading-age-8-9-year-4/>

Year 5 <https://home.oxfordowl.co.uk/reading/reading-age-9-10-year-5/>

Year 6 <https://home.oxfordowl.co.uk/reading/reading-age-10-11-year-6/>

Remember to encourage your child to read little and often and have fun.

## **Safety measures on the school site**

Given the current concerns about the levels of Covid-19, may we please urge you all to do everything in your power to support our safety measures:

- Consider wearing a face covering at all times on the school site, unless you are exempt
- Meticulously respect the 2 metre social distancing guidelines
- Respond promptly if anyone in the household develops Covid symptoms  
(see <https://www.wasp-school.org.uk/wp-content/uploads/2021/01/Covid-19-A-quick-guide-for-parents-and-carers-04.01.21.pdf> A Quick Guide for Parents and Carers)

## **B&NES Admissions Consultation 2022-23 Academic Year**

Bath & North East Somerset Council is consulting on the proposed schemes for co-ordination of admissions and the admission numbers to all maintained schools and academies for the 2022/23 school year. All the consultation documents are available by clicking on the link below:

[Admissions Consultation 2022/23](#)

**The consultation started on 11<sup>th</sup> December 2020 and will end on 31<sup>st</sup> January 2021. To respond to this consultation please send your comments by email to: [admissions\\_transport@bathnes.gov.uk](mailto:admissions_transport@bathnes.gov.uk). Alternatively, you can write to The Admissions & Transport Unit, B&NES Council, Manvers Street, Bath, BA1 1JG.**



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### **Free School Meals**

If you are in receipt of qualifying benefits, your child(ren) may be eligible for Free School Meals. If you believe that this may be the case, please be sure to check the information on Bath & North East Somerset Council's website, where an application form can also be accessed: <https://beta.bathnes.gov.uk/apply-free-school-meals>

This applies to all eligible pupils, even in Reception, Year 1 and Year 2. If your child is eligible for FSM, please complete the form so that vital additional funding is provided to the school to support your child's learning.

### **Big Bath Sleep Out – At Home!**

Julian House Charity have asked us to share the following information concerning their Sleep-Out event:

*“Help people experiencing homelessness and sign up to join **Julian House's Big Bath Sleep-Out: At Home** happening on Friday 5th March. This year, Julian House is challenging you to sleep outside in your garden with your family for one night. In order to raise money to help people experiencing homelessness you could ask your friends and family to sponsor you. The money you raise will help provide a safe shelter for people who don't have a home and are forced to sleep outside every night. For more information and to sign up visit: <http://www.bigbathsleepout.co.uk/>”*

### **Food On Our Doorstep**

Please see the link on our website for information about this valuable local initiative.

**With our very best wishes,**

**Mrs Sarah Halls**  
Headteacher

**Mrs Sharon Badger**  
Deputy Headteacher



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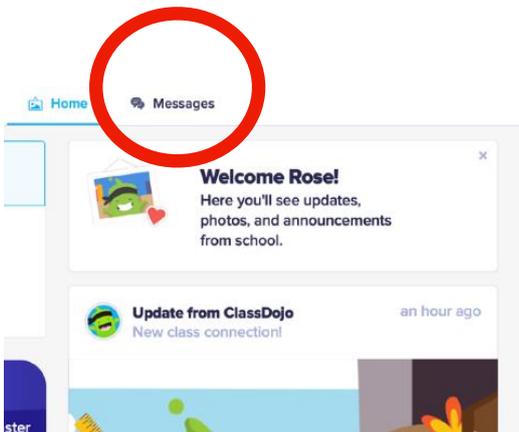
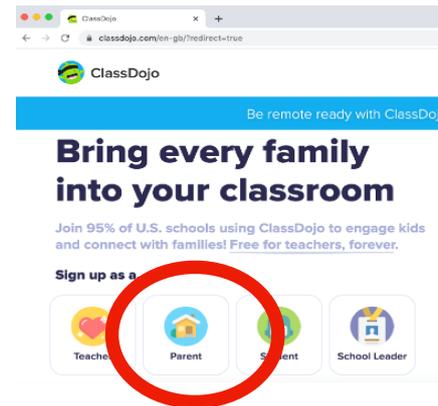




## Setting Up Class Dojo as a Family

We intend to use Class Dojo to receive work from pupils who are isolating at home or from whole classes in the case of a full or partial lockdown/closure. Work will still be set via the school website but if you would like to share your child's work with their teacher and receive feedback, uploading it to the Class Dojo website will allow this. This is completely free.

1. Please create a Dojo account by going to [classdojo.com](https://classdojo.com) and signing up as a parent. You can do this on a browser or you can download a Class Dojo app. Once we are aware that your child is isolating at home, we will send you a link which will allow you to connect your child's account with their teacher's account.



2. Once you have used this link to connect your child's account to their teacher's account you will be able to send and receive messages. If your child completes some work set on the website, they will be able to send a photo of the work, a photo of themselves completing the task or a file of their completed work to their teacher.

**Please be aware that the purpose of Dojo is for your child to communicate with their teacher. If you have any questions from yourself as a parent, please email the school office as you usually would.**



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