

WASPS & Abbot Alphege Menu - Term 4, 2020

PLEASE NOTE: CHILDREN IN Yr 0 – Yr 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.25 CHARGE DOES NOT APPLY.

	MEAT FREE Monday £2.25	Tuesday £2.25	Wednesday £2.25	Thursday £2.25	Friday £2.25
Main Meal	French Bread Pizza	"Farm Assured" Chicken Fajitas	Free Range Butchers Sausage or "Farm Assured" Roast Chicken	Chef's Beef Lasagne	MSC Breaded Fish Fillet
Vegetarian Option	Vegetable Lentil 5 Bean Chilli	Roasted Vegetable Fajitas	Veggie Sausage	Veggie Pasta Bake	Cheddar and Red Onion Pinwheels
Alternative	N/A	Oven Baked Jacket Potato served with Tuna Mayonnaise	N/A	Oven Baked Jacket Potato served with Baked Beans and Cheese	Farm Assured Ham served with Chips, Beans or Sweetcorn
All of the above served with	Jacket Wedges Fresh Salad Bar Freshly Baked Bread	Savoury Rice Sweetcorn Fresh Salad Bar	Creamed Potato/Roasted Potatoes Yorkshire Pudding Seasonal Organic Vegetables Rich Onion Gravy	Garlic Bread Slices Fresh Salad Bar	Chips, Baked Beans and Sweetcorn Freshly Baked Bread Fresh Salad Bar
Homemade Soup	Tomato Served with French Baguette	Minestrone Served with Crusty Bread	N/A	French Onion Served with Garlic Bread Slices	N/A
KS1 Lite Bite	Free Range Egg Salad served with Pasta and Fresh Bread	Ham Salad served with Baby Potatoes and Fresh Bread	Cheese Salad served with Pasta and Fresh Bread	Tuna Mayonnaise served with Baby New Potatoes and Fresh Bread	Chicken Salad served with Pasta and Fresh Bread
KS2 Lite Bite	French Baguette filled with Free Range Egg and served with Fresh Salad	Tortilla Wrap filled with Ham and served with Fresh Salad	Wholemeal Sandwich filled with Cheese and served with Fresh Salad	Floured Roll filled with Tuna Mayonnaise and served with Fresh Salad	French Baguette filled with Chicken and served with Fresh Salad
Dessert	Shortbread Biscuit Organic Yoghurt Fresh Fruit Platter	Fruity Flapjack Organic Yoghurt Fresh Fruit Platter	Organic Yoghurt Fresh Fruit Platter	Chocolate and Mandarin Sponge Organic Yoghurt Fresh Fruit Platter	Ice Cream Slice Organic Yoghurt Fresh Fruit Platter

Please Note:

- Any child with food allergies or intolerances will be offered an alternative Main Course and Dessert to meet your child's needs.
- For those Pupils with Allergies, a copy of the Allergens List can be obtained from the School Office. Please contact Chef Stu or Chef Mandy should you have any concerns.
- Water Available Daily.
- Wednesday Lunch will be alternated fortnightly.
- Yorkshire pudding only available with Sausage not the Roast Chicken.